



Name: _____ **Practice Journal Entry - Week of:** _____

*Use this document to list your daily practice information. Be specific and provide details using appropriate musical terminology. You must document 5 practice sessions per week. You may type right into the document. I expect a minimum of 20 minutes of documented practice time each day. You may choose the days of the practice sessions. (20 mins a day x 5 days in the week = 100 total minutes of independent practice each week)
For each entry, you should include the following information:*

Date:	Time:	Practice Focus:	Accomplishments:

- Date = (The Date for this Practice Session):
- Time = Total Minutes of Practice Session (How Long did you Practice?):
- Practice Focus = (What did you practice?)
- Accomplishments = (What improvements were made?):

Some days I will include extra assignments that can be completed in lieu of documented practice time for a day. If you choose to complete multiple assignments, please list that in this document.

Example

Date: August 31st

Time: 1 - 1:20 pm

Practice Focus: I warmed up on my required major scales for 5 minutes and moved to the Standard of Excellence Exercise # 21 to work on a rhythm focus - Syncopation.

I focused on improving the accented articulations while tapping my toe to a steady tempo. I also worked on producing a good sound while performing correct notes and rhythms.

Accomplishments: I successfully performed the selection including the correct notes and rhythms, but I am still working on perfecting clear articulations.